

Chito Ryu Yoshukai Manual

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chit -ry - wikipedia, the free encyclopedia - The International Chito-Ryu Karate-do Federation of Australia (ICKFA) Yoshukai is a Japanese karate style adapted from Chito-ryu by Mamoru Yamamoto.

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9 traditional karate throws - scribd - This booklet is published at the occasion of the 2013 Yoshukai Karate Winter Camp. Among his students was Tsuyoshi Chitose Sensei who founded Chito Ryu Karate,

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